

A LA CARTE

All day & sharing

102'S MEZZE PLATTER - 59 - 3 dips on the platter..., Moutabal, chickpeas hummus, guacamole. Served with our homemade vegan parathas.

AVO' CLUB - 69 - Sliced avocado with miso, Comptoir 102's cashew sauce, olive oil on homemade toasted bread, topped with 2 poached organic eggs. Garnished with walnuts, sesame, sunflower and pumpkin seeds.

MUSHROOM TOAST WITH POACHED EGGS - 69

Sauteed mushrooms on homemade toasted bread, topped with 2 poached organic eggs. Garnished with walnuts, a dash of turmeric on the eggs, seeds and a drizzle of truffle oil.

HALLOUMI TOAST - 69

Homemade toasted bread, grilled halloumi, tomato, cucumber, radish, black olives, spring onions and homemade pesto. Garnished with almonds, sunflower and pumpkin seeds.

SEAWEED PESTO - 65

Hijiki marinated in sesame oil, cider vinegar and red onions, served with homemade guacamole and vegan gluten-free crackers.

AVOCADO CROSTINI - 69

Toasted homemade bread topped with Comptoir 102's cashew sauce, homemade guacamole, cucumber and a side salad.

PUMPKIN TOAST - 59

Toasted homemade bread with dates, topped with Comptoir 102's cashew sauce, savoury pumpkin, toasted pumpkin seeds, walnuts and sage.

SPICY SWEET POTATO WITH HUMMUS - 55

Oven baked spicy sweet potato, marinated in coconut oil, paprika, chili flakes and turmeric powder. Served with our homemade chickpea hummus.

VEGAN NUTCHEESE PLATE - 55

Homemade cumin and chives nut cheeses. Served with our homemade fig paste, organic wholewheat and dates bread.

VEGAN SCRAMBLED EGGS (chickpeas) - 69

Made from homemade chickpea mylk, served on a toasted bagel, with our vegan mayo, tomato and sliced avocado. Garnished with almonds.

THE GOOD PIZZA - 74

Gluten-free pizza crust topped with homemade tomato sauce, mix of seasonal veggies, vegan mozzarella, gouda and cheddar. Garnished with roquette leaves and a drizzle of truffle oil.

Salad bowls

TUNA GREEN SALAD - 75

Tuna, celery, cucumber, avocado, parsley, spring onions, nori seaweed, sunflower, pumpkin and sesame seeds. Tossed in tamari, umeboshi, cider and olive oil dressing.

COMPTOIR 102 GREEN SALAD - 63

A bowl full of vitamins: mixed greens, avocado, cucumber, fennel, walnut, parsley, spring onion, sunflower, pumpkin, flax and sesame seeds. Tossed in a lemon and olive oil dressing.

WATERMELON AND FETA SALAD - 59

Fresh mix of watermelon, feta and mint, topped with sunflower and pumpkin seeds and olive oil.

PROTEIN POWER BOWL - 69

Quinoa, fried organic egg with turmeric, homemade pesto, sauted kale, avocado, cucumber, fresh herbs and spring onion.

GOODNESS BOWL - 69

Quinoa with chickpeas, hummus, radish, cucumber, tomatoes, roquette leaves, red onions, fresh olives, and vegan cheese. Tossed with a lemon and olive oil dressing.

THE LENTIL BOWL - 63

Lentils mixed with iceberg lettuce, radish, onion, sundried tomatoes, hazelnuts and feta cheese. Tossed with a honey mustard and olive oil dressing.

HALLOUMI SALAD - 69

Grilled halloumi on a mix of greens, brussels sprouts, tomatoes, cucumber, radish, fresh olives. Topped with spring onions and pine nuts, with a homemade basil pesto dressing.

THE HEALTHY CAESAR - 79

Mix of kale and greens, dressed with homemade cashew caesar dressing mixed with anchovies. Topped with tender strips of grilled organic

From 12:00 pm to 10:00 pm

Enjoy 2 hours of complementary wifi

Pita, bagel & co...

TUNA PITA - 75 - Whole wheat fresh pita bread with tuna, tomato, cucumber, avocado, spring onions, and tahini dressing. Served with a side salad.

FETA PITA - 59 - Whole wheat fresh pita bread with feta, tomato, cucumber, avocado, spring onions and tahini dressing. Served with a side salad.

WALNUT PITA - 55 - Whole wheat fresh pita bread with activated walnuts, tomato, cucumber, avocado, spring onions and tahini dressing. Served with a side salad.

TOASTED NEW YORK BAGEL - 59 - Toasted fresh bagel with sauteed kale, fresh cucumber and homemade vegan cheese. Served with a side salad.

Add-ons

1 EGG - 9 - Farmed organic egg your style.

AVOCADO - 15 - Sliced fresh avocado.

TUNA - 29 - Premium sustainably farmed canned tuna in olive oil.

CHARCOAL CRACKERS - 12 - Gluten free dehydrated crackers made with blended vegetables, almond mylk pulp, fresh rosemary, turmeric powder, sesame seeds, cider vinegar, charcoal powder and flax seeds.

FLAX SEED CRACKERS - 12 - Gluten free dehydrated crackers made with blended vegetables, almond mylk pulp and flax seeds.

PINK FLAMINGO GRANOLA - 18 - Buckwheat, gluten-free oats, coconut, cranberries, rose water and maple syrup.

FETA CHEESE - 18 - Premium feta cheese from Greece.

GRILLED HALLOUMI - 18 - Freshly grilled halloumi cheese.

PARMESAN CHEESE - 18 - Premium parmesan cheese from Italy..

SIDE SALAD - 12 - Mixed leaves, cucumber, spring onion and pumpkin seeds with a lemon and olive oil dressing.

SAUTEED MUSHROOMS - 12 - Mushrooms, spinach and red onions sautéed in olive oil

GUACAMOLE - 20 - Fresh avocado crushed with coriander, lemon, olive oil, salt & pepper.

HOMEMADE ORGANIC BREAD - 15 - Comptoir 102's organic whole wheat flour bread.

SPICY SWEET POTATO - 20 - Oven baked spicy sweet potato, marinated

Healthy sweets

ACAI BOWL - 52 - Straight from Amazonia, açai berries, blended with coconut water and banana. Topped with fresh berries, banana and chia seeds.

COCONOLA - 55 - A colorful pink flamingo granola served with coconut yogurt, fresh berries and banana.

SUPERBOOST SALAD - 52 - Papaya, pomegranate, mangosteen, avocado and goji berries soaked in freshly squeezed orange juice.

RAW VEGAN "NO" CHEESE CAKE - 32 - Almond nuts, dates, grated coconut meat, cashew nuts, lemon, honey, vanilla topped with homemade fresh blueberry sauce made with blueberry, vanilla and maple syrup.

BANANA SPRING ROLLS - 37 - Banana and apple slices wrapped in spring roll paper, coated with coconut sugar and cinnamon. Pan fried in coconut oil. Served hot with a scoop of homemade vegan vanilla ice cream.

CHOCO PETIT POT - 32 - Vegan homemade chocolate ganache made with cashew, dates, raw cacao and maple syrup. Topped with roasted hazelnuts.

HOMEMADE VEGAN ICE CREAM - 32

Choice of 3 scoops of our homemade vegan smooth rich and delightful ice cream. (no sugar)

Turmeric - Açai/Blueberry - Açai/Strawberry - Citrus - Black sésame Coconut - Vanilla/Thyme - Chocolate - Mint - Matcha/Avocado Coffee - Sweet potato. (Ask us for the available flavors)

ALL DAY BREAKFAST

BREAD BASKET - 145

Homemade bread with sunflower seeds, dates bread, homemade almond butter and raspberry jam (no sugar).

2 ORGANIC EGGS ANY STYLE - 45

Poached, fried, soft boiled or scrambled eggs served with salad and homemade toasted bread with rosemary and olive oil.

PUMPKIN TOAST - 59

Toasted homemade bread with dates topped with Comptoir102's cashew sauce, savoury pumpkin, toasted pumpkin seeds, walnuts and sage.

AVO' CLUB - 69 - Sliced avocado with miso, Comptoir102's cashew sauce, olive oil on homemade toasted bread, topped with 2 poached organic eggs, garnished with walnuts, sesame, sunflower and pumpkin seeds.

SPIRULINA TOAST - 45 - Homemade cashew cream mixed with spirulina served on toasted homemade organic bread with sunflower seeds and spirulina sprinkles. Garnished with blueberries.

HALLOUMI TOAST - 69

Homemade toasted bread, grilled halloumi, tomato, cucumber, radish, black olives, spring onion, homemade pesto, garnished with almonds, sunflower and pumpkin seeds.

VEGAN SCRAMBLED EGGS (chickpeas) - 69 - Made from homemade chickpea mylk, served on a toasted bagel, with our vegan mayo, tomato and sliced avocado, garnished with almonds.

SHAKSHUKA OUR STYLE - 69

3 fried organic eggs on a bed of roquettes with red and green tomatoes, mixed peppers, topped with sliced avocado, peas and feta cheese, served with crackers.

SUPER CHARGED PROTEIN BOWL - 52

A protein charged bowl of beans, hummus, fresh tomatoes and onions, served with scrambled egg and topped with feta cheese crumbles.

Vegan Choice: Served with Vegan Cheese - 55

BUCKWHEAT PANCAKES WITH EGGS - 63 - Gluten-free buckwheat pancakes, 3 organic eggs scrambled with fresh herbs and coconut oil. Homemade guacamole, cucumber and cherry tomato.

BUCKWHEAT PANCAKES WITH FRESH BERRIES - 63

Gluten-free buckwheat pancakes with organic maple syrup and fresh berries.

VEGAN PANCAKES WITH FRESH BERRIES AND BANANA - 69

Gluten-free vegan pancakes with homemade almond mylk, orange zest, orange blossom and maple syrup. Served with fresh mixed berries, banana and walnuts.

ALMOND BUTTER OATMEAL PORRIDGE - 52

Gluten-free organic rolled oats cooked in homemade almond mylk, almond butter, maple syrup. Topped with banana, almonds and cinnamon.

CHOCO PORRIDGE - 52 - Millet, buckwheat, sunflower seeds, pumpkin seeds, cacao powder and maple syrup. Cooked in our homemade almond mylk. Blueberries to top it up.

GLOW PORRIDGE - 55

Gluten free organic rolled oats cooked in homemade almond mylk, betroot blend and Agent Nateur Collagen Powder "Holi-Mane". Topped with fresh berries and chia seeds.

CHIA OATS MANGO PUDDING - 52

A mixture of gluten-free rolled oats and chia seeds soaked in coconut mylk. Topped with a mango puree.

ACAI BOWL - 52

Staight from Amazonia, açai berries blended with coconut water and banana. Topped with fresh berries, banana and chia seeds.

COCONOLA - 55

A colorful pink flamingo granola served with coconut yogurt, fresh banana and berries.



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102 BEACH ROAD JUMEIRAH 1

from 08:00 am to 10:00 pm



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Enjoy 2 hours of complementary wifi

Add-ons

1 EGG -9- Farmed organic egg your style.

AVOCADO -15- Sliced fresh avocado.

TUNA -29- Premium, sustainably farmed canned tuna in olive oil.

CHAROAL CRACKERS -12- Gluten free dehydrated crackers made with blended vegetables, almond mylk pulp, fresh rosemary, turmeric powder, sesame seeds, cider vinegar, charcoal powder and flax seeds.

FLAX SEED CRACKERS -12- Gluten free dehydrated crackers made with blended vegetables, almond mylk pulp and flax seeds.

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SIDE SALAD -12- Mixed leaves, cucumber, spring onion and pumpkin seeds with a lemon and olive oil dressing.

SAUTEED MUSHROOMS -12- Mushrooms, spinach and red onions sautéed in olive oil

GUACAMOLE -20- Fresh avocado smashed with coriander, lemon, olive oil, salt and pepper.

HOMEMADE ORGANIC BREAD -15- Comptoir 102's organic whole wheat flour bread.

HOMEMADE ALMOND BUTTER -10- Roasted almonds pureed into a delicious nutty paste.

HOMEMADE RASPBERRY JAM -12- Fresh raspberries, blended with dates, coconut water, chia seeds and maple syrup.

ORGANIC HONEY OR ORGANIC MAPLE SYRUP -12

Comptoir 102 is all about good food, and taking the time to pause. Real food for everyday life...

Three time winner of the What's On Award of Best Healthy Restaurant in Dubai, Comptoir 102 has become a favorite for **healthy eating**. The philosophy behind the restaurant is to offer a more conscious and healthy lifestyle by bringing more **sustainable** and **nutritious food** to its guests, in harmony with our body, our souls and our environment. We source ingredients from **local organic farms**, which allows us to keep the highest standards of quality. Our **sugar-free** and **dairy-free**, with **raw, vegan** and **gluten-free** options menu changes daily according to harvest, just like at home! The aim is not only to serve better tasting food but also more nutritious and natural food for the body. Our **famous smoothies** and **juices** are all vitamin-packed, using locally sourced fruits and vegetables, organic **super foods** and **homemade nut mylks**.

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COFFEES, TEA & CO...

COFFEES (All our coffees can be served hot, iced or frappe.)

Choice of : **homemade Almond Mylk or Oat Mylk**

Single Espresso - 11

Double Espresso - 22

American Coffee - 22

Café Latte - 29

Cappuccino - 27

Latte Macchiato - 29

Single Macchiato - 22

Double Macchiato - 25

Flat White - 27

Cortado - 27

Piccolo - 25

Affogato - 29

Espresso with 2 scoops of homemade vanilla ice cream.
Shredded with vegan homemade chocolate or roasted hazelnut.

ORGANIC TEAS

Peach & Pear - 29

Smooth and velvety organic white tea mixed with dried peach and pear pieces.

Japanese Sencha - 29

Organic green tea with vegetal flavors.

Moroccan Mint - 29

Traditional blend of green gunpowder and Moroccan Nana mint leaves.

Masala Spice Chai - 29

Delicious hand blended Indian black teas with oriental masala spices.

Majestic Earl Grey - 29

A classic tea made with the essence of Bergamot orange and finest organic black tea.

English Breakfast - 29

Full bodies and malty Assam, blended with fruity ceylon and earthy Yunnan tea.

Ginger Breeze - 29

A refreshing herbal, ginger flavored mix.

Jasmine Mao Jian - 29

Finest organic green tea gently scented with Jasmine flowers.

Rose White - 29

Elegant combination of finest organic white tea and fragrant rose.



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102 BEACH ROAD JUMEIRAH 1
from 08:00 am to 9:30 pm



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LATTES (All our lattes can be served hot, iced or frappe.)

Choice of : **Homemade Almond Mylk or Oat Mylk.**

Matcha Latte - 39

Homemade almond mylk, matcha tea and maple syrup.

Golden Latte - 35

Homemade almond mylk, tumeric, honey, pepper and cinnamon.

Chai Latte - 39

Homemade almond mylk, masala spices, maple syrup and cinnamon.

Rose Latte - 39

Homemade almond mylk and coconut mylk, beetroot juice, maple syrup and rose water.

Hot Chocolate - 35

Homemade almond mylk with cocoa powder and organic maple syrup.

OTHERS

Fresh Ginger Tea - 35

Fresh ginger, lemon, hot water, honey.

Magic Portion - 35

Fresh ginger, turmeric, lemon, hot water, honey.

Hibiscus Tea - 29

Hibiscus tea, organic maple, lemon, cold water, lemon slice.

VITALITY SHOTS

Bam shot - 18

Ginger, lemon, turmeric and black pepper.

Gut Tonic - 18

Organic apple cider, ginger, star anise, lemon and cayenne pepper.

"The information presented on Comptoir 102's menu is for educational purposes only. It is not intended for use in the diagnosis, treatment, cure or prevention of any health condition and should not be used as substitutes for consulting with a physician or a health care professional".

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JUICES & SMOOTHIES

JUICES

All our juices are freshly made with organic fruits and vegetables. Nothing added!

Sunscreen - 39

Carrot, mango, coconut oil

Skin regenerator, healthy hair and nails, anti-bacterial.

Heavy Metal Green - 39

Kale, cucumber, fennel, celery, spirulina, coriander, lemon juice

Digestive support, improve circulation, detoxifier, metal chelator.

Energy Kick - 39

Pineapple, ginger, guarana

Anti-inflammatory, immune support, metabolism booster.

Skin Glow - 35

Pomegranate, cucumber, red apple, açai

Antioxidant, anti-inflammatory, healthy skin, cell growth.

Slim Juice - 35

Watermelon, coconut water, rose water, strawberry

Mind and body purification, electrolyte rich, refreshing, calming.

Immunity Juice - 37

Apple, carrot, ginger

Anti-inflammatory, immune support, reduces cholesterol.

Skinny Boost - 35

Pineapple, cucumber, green apple, ginger, basil

Digestive aid, reduces fat absorption, anti-bacterial.

Make my Heart Beet - 35

Red apple, beetroot, carrot, ginger, cinnamon

Anti-inflammatory, immune support, reduces cholesterol and keeps your blood pressure in check.

Color me Pink - 35

Green apple, beetroot, carrot, fennel, pomegranate, ginger

Helps increase your stamina and stay physically active.

DETOXIFYING WATERS

Black Lemonade - 29

Filtered water, Activated charcoal, lemon juice, maple syrup

Detoxifier, digestive cleanser, flat tummy.

Master Cleanser - 29

Filtered water, lemon juice, maple syrup, cayenne pepper

Detoxifier, digestive aid, alkalizing, hangover helper.

MOJITOS

Lime and Mint Mojito - 32

Sparkling water, green apple, lime, mint, maple syrup

Improves digestion, treats bad breath.

Watermelon Strawberry Mojito - 32

Sparkling water, watermelon, red apple, strawberry, lime and mint.

Simply refreshing!



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102 BEACH ROAD JUMEIRAH 1

from 08:00 am to 10:00 pm



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Enjoy 2 hours of complementary wifi

SMOOTHIES

All our smoothies are made with homemade almond mylk (no added sugar)

Strawberry - 35

Strawberry, banana, almond mylk

Bone & joint health, boosts memory, lowers cholesterol.

Mixed Berries - 35

Blueberry, cherry, raspberry, strawberry, banana, açai, almond mylk

Energy booster, enhances skin complexion, antioxidant.

Mango - 35

Mango, vanilla, banana, almond mylk

Healthy skin, electrolytes balance, healthy glow.

Good Morning - 35

Bee pollen, dates, Himalayan salt, almond mylk

Immune support, gentle cleanser, hair & skin health, memory support.

Coffee Shake - 35

Coffee shot, almond butter, dates, maca, cardamon, almond mylk

Energy boost, antioxidant, enhances brain function.

Heaven On Earth - 35

Dates, banana, raw cacao, almonds, cinnamon, almond mylk

Hair & skin health, energy release, enhances brain function.

Green Chia - 35

Spinach, banana, chia seeds, red apple, almond mylk

Hair & skin health, brain function support, helps blood circulation.

Essential green - 35

Kale, banana, spirulina, maca, vanilla, dates, almond mylk

Hair & skin health, energy booster, antioxidant.

Oh Lord! - 35

Coconut water, coconut meat, pineapple, banana, maca

Rehydrating, boosts energy and sexual functions.

Açai - 35

Açai, banana, coconut water, almond mylk

Antioxidant, anti-inflammatory, skin health, anti-aging effects, detoxifier, digestive aid, alkalizing, hangover helper.

Date Treat - 35

Dates, homemade vegan vanilla ice cream, banana, almond mylk

Antioxidant, energy booster, source of dietary fiber.

Pumpkin Spice Delish - 35

Butternut, pumpkin, homemade vegan vanilla ice cream, banana, maple syrup, cinnamon, almond mylk

Antioxidant, digestive aid, bone & joint health, anti-aging effects.

Vegan Protein Shake - 39

Vegan protein, orange blossom, chia seeds, almond butter, banana, almond mylk

Build muscle, lowers cholesterol, energy release.

Collagen smoothie - 43

Blueberry, banana, celery, walnuts, flaxseeds, Agent Nateur Collagen Powder "Holi-Mane", almond mylk.

Hair, skin & nails health, anti aging effect.

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102 BEACH ROAD JUMEIRAH 1
from 08:00 am to 10:00 pm

SUPERFOOD



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Açai - 10

Powerful antioxidant, skin health, improves digestion, anti-inflammatory, anti-aging, fights cancer.

Bee Pollen - 12

Cardio-vascular help, skin smoother, respiratory help, energy enhancer.

Cacao Powder - 9

Antidepressant, powerful antioxidant, lowers cholesterol, boosts cognitive performance.

Coconut Oil - 9

Skin health, digestion, immunity, weight loss, anti-bacterial, anti-fungal.

Chia Seeds - 9

Improves digestion, brain booster, skin and hair beauty, source of omega 3, intestinal strength, intestinal flora.

Flax Seeds - 9

Improves digestion, brain booster, skin and hair beauty, source of omega 3.

Fresh Ginger - 5

Strengthens digestion, anti-viral, boosts immune system, relieves muscle and joint pain, aphrodisiac.

Guarana - 9

Powerful physical and intellectual stimulant. It increases vigilance, lifts spirits and boosts dynamism. Good for busy days, exams, jetlag, special performances.

Spirulina - 9

Highly nutritional food, source of protein, strength, recovery, increases balance and vitality, good for growth. It is used to fight malnutrition.

Turmeric Root - 5

Powerful anti-inflammatory, improves digestion, depurative.

Vanilla Powder - 9

Strengthens nervous system, aphrodisiac, enhances memory.

Maca - 9

Promotes healthy sexual functions, balances mood, hormonal regulation, mental and physical vitality, improves memory and sleep quality.

Vegan Protein- 12

Builds muscle, lowers cholesterol, energy release.

Agent Nateur Collagen Powder "Holi-Mane" - 12

Hair, skin and nails health, anti-aging effect.